

ASSOCIATION FOR
MENTAL HEALTH AND WELLNESS



To Advocate. To Educate. To Empower. Together.

www.mhaw.org

**DIRECTORY OF
MENTAL HEALTH SERVICES
IN SUFFOLK COUNTY**

2018 EDITION



Overview of Our 2018 Directory

On behalf of the Board of Directors of the Association of Mental Health and Wellness (MHAW), we are pleased to share with you the 2018 Edition of the Directory of Mental Health Services for Suffolk County.

As a chapter of Mental Health America and the Mental Health Association of New York State (MHANYS), MHAW's mission is "to empower people and communities to pursue and sustain enriched, healthy, and self-directed lives." MHAW is committed to helping reduce the impact of mental health challenges that affect one in three of us in our lifetime by ensuring early and effective access to quality clinical treatment, housing, rehabilitative, emergency, and peer support services.

Community mental health providers had experienced rapid changes that converged in 2016: All licensed treatment programs are driven and paid for by insurance reimbursement through commercial insurance, Medicaid, and Medicare by way of Managed care strategies. As such, when you call any provider, it is important to know your health insurance plan and, if possible, the Managed Care Organization that will be involved in authorizing your care. All NYSOMH-licensed outpatient clinics now offer "Open Access Hours" where you can simply walk-in to commence the process of getting needed care. However, you should call the provider to find out the schedule of those hours.

Included in the 2018 Edition --- and our on-line database of services -- are new or expanded services made possible through the NYSOMH Regional Center of Excellent process. These include new and expanded services such as Peer Support Services, crisis diversion services, and housing support programs.

Thanks to multiple new Medicaid State Plan changes put forth by the NY State Department of Health, there is a dramatically expanded care management service available for adults and children with Medicaid who have mental health, substance use, and/or physical health disorders. You will note in this Directory an expanded Single Point of Access (SPOA) process for accessing these services.

Obviously, the information in this Directory is subject to rapid change. The resources are kept up to date and in a compendium with broader community services and providers that is available on-line, 24/7 at www.mhaw.org --- (Click on the "I Need Help" button on any page). You can also call our Help Line at (631) 226-3900 during regular business hours to speak with our trained and supportive staff that can help connect you to services and resources.

This Directory would not be able to be printed and produced for Suffolk County citizens without the support of the Suffolk County Division of Community Mental Hygiene Services (under the Department of Health Services) and the New York State Office of Mental Health.

Should you have any questions, please feel free to contact us.

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**PSYCHIATRIC
EMERGENCY
CRISIS SERVICES
INFORMATION &
REFERRAL**

PSYCHIATRIC EMERGENCIES

CPEP Program at Stony Brook (631) 444-6050 Fax: 444-3773
Crisis Residence (Pilgrim)(631) 761-2929
Mental Health Hot Line(631) 952-3333
Mobile Crisis Team (**ADULT**)..... (631) 952-3333
Mobile Crisis (**CHILDREN**)(631) 370-1701
Response Hot Line(631) 751-7500 Fax 631) 751-7402
 www.responsehotline.org
Suicide Prevention Lifeline.....(631) 800-273-TALK (8255)
Talbot House, 24-hr. Substance Abuse Crisis (631) 589-4144 Fax: (631) 589-3281
Domestic Violence, Sexual Assault 24-hr. Hotline(631) 360-3606
Long Island Council of Alcoholism and Drug Dependence Hotline 24h.....(631) 979-1700

CRISIS INTERVENTION

APS (Adult Protective Services).....(631) 854-3195
CPS (Child Protective Services)(800) 342-3720
SC Department of Social Services Emergency Services-Hotline.....(631) 854-9100
 (Housing, food, heat) (Emergency line after 4:30 pm)
Long Island Crisis Center (516) 679-1111

INFORMATION/REFERRAL (NON-EMERGENCY)

Association for Mental Health & Wellness Mental Health Helpline(631) 226-3900
 www.mhaw.org
Suffolk Division of Community Mental Hygiene(631) 853-8500 Fax (631) 853-3117
 www.co.suffolk.ny.us
Department of Social Services Hotline (631) 854-9100 Fax: (631) 854-9996
 www.co.suffolk.ny.us
Social Security Information Line..... (800) 772-1213
 www.socialsecurity.gov
NYS Office of Mental Health (*OMH*) (800) 597-8481
 www.omh.ny.gov
Office of Mental Health – Long Island Field Office(631) 761-2508
Victims’ Information Bureau of Suffolk.....(631) 360-3730 / 24hr hotline: (631)360-3606
 P.O. Box 428, Holbrook, NY 11741
 www.vibs.org
L.I. Against Domestic Violence..... (631) 666-7181 Fax: (631) 666-9208
Our 24-Hour Hotline.....(631) 666-8833
 www.liadv.org

NYS OMH LICENSED PROGRAMS

INPATIENT SERVICES

Hospitalization may be needed to allow for a period during which the individual can be closely monitored to provide accurate diagnosis, to help adjust or stabilize medications, or during an acute episode where a person's mental illness temporarily worsens.

There are times when a person becomes so ill that they are at risk of hurting themselves or others and hospitalization becomes necessary even though the individual does not wish to enter a hospital. While seeking help voluntarily is always preferable, if that is at all possible, the decision to hospitalize involuntarily can be more caring than it seems if that is the only way your family member or friend can get the care they need, especially if there is a risk of suicide or harm to others.

Article 9 of the Mental Hygiene Law (1978) discusses hospitalization persons with a mental illness. Under the law there are three major classifications of admission.

- 1) Voluntary Admission - Any person 18 years of age or over in need of care or treatment may voluntarily sign himself/herself into a hospital if the admitting physician agrees that hospitalization is required.
- 2) Involuntary Admission - Any person 18 years of age or over may be admitted involuntarily upon the certification of two examining physicians or by a physician serving as a commissioner's designee with the concurrence of the hospital staff physician.
- 3) Emergency Admission (9.39) - Any psychiatric hospital or general hospital with a psychiatric unit which has facilities for emergency admission and is certified by the State Office of Mental Health for this purpose may admit a patient for immediate observation, care and treatment if the person's behavior is likely to result in serious harm to oneself or others.

PATIENT'S RIGHTS

The rights of persons being treated for psychiatric illness or disability are fully protected under the law. No person, solely by reason of receiving service in a psychiatric ward shall be deprived of any civil right for which he or she is otherwise qualified and eligible. These rights include personal rights, the right to quality care, and the right to object to treatment. Upon admission, each patient may contact a Mental Hygiene Legal Services attorney. The MHLS is an arm of the NYS Superior Court (Article 33 of the New York State Mental Hygiene Law - 1978).

PSYCHIATRIC HOSPITALS

- BROOKHAVEN MEMORIAL HOSPITAL (Psych. Unit).** (631) 654-7760 Fax: (631) 447-3044
101 Hospital Road, Patchogue, NY 11772
- BRUNSWICK HALL (Division of Brunswick Hospital)** (631) 789-7130 Fax: (631) 789-7041
81 Louden Ave, Amityville, NY 11701
124 bed proprietary psychiatric hospital; Accepts children ages 5-17(631) 189-7000
- EASTERN LONG ISLAND HOSPITAL**(631) 477-1000 x 5394
201 Manor Place, Greenport, NY 11944
80 bed unit of a not-for-profit general hospital. Medicaid / Medicare.
- HUNTINGTON HOSPITAL.....** (631) 351-2434 Fax: (631) 351-2708
270 Park Ave, Huntington, NY 11743
21 bed unit of a not-for-profit general hospital.
Accepts patients from 18 years of age and up. Medicaid / Medicare.
- MATHER MEMORIAL HOSPITAL (adults 18+).....**(631) 473-1320 x 5800
- MATHER MEMORIAL HOSPITAL (adolescent 12-17).....**(631) 473-1320 x 5820
75 North Country Rd., Port Jefferson, NY 11777
25 bed unit Adults, 10 bed unit Adolescents, not-for-profit general hospital
Medicaid / Medicare 9.39 Admissions
- PILGRIM PSYCHIATRIC CENTER (NYSONH).....**(631) 761-3500
998 Crooked Hill Rd., West Brentwood, NY 11717
700 bed State psychiatric center. Admissions by transfer from other psychiatric centers ONLY.
- SAGAMORE CHILDREN'S PSYCHIATRIC CENTER**(631) 370-1700
197 Half Hollow Road, Dix Hills, NY 11746
64 bed State children's psychiatric center.
Limited to children 12-17 yrs. from Nassau and Suffolk Counties, usually court-order or transfers (no direct admissions)
Medicaid
- SOUTH OAKS HOSPITAL (Division of Mental Health).....**(631) 264-4000
400 Sunrise Highway, Amityville, NY 11701
234-bed unit of a not for profit psychiatric hospital
Medicaid payments accepted for patients 21 and under and 65 and over; Inpatient alcohol and mental health services child to adult; Outpatient services starting at birth to adult
- ST. CATHERINE OF SIENNA HOSPITAL**(631) 862-3000
50 Rte. 25A, Smithtown, NY 11787
32 bed unit and 10 bed unit of a non-for profit general hospital. Medicaid.

PSYCHIATRIC HOSPITALS (CONT.)

UNIVERSITY HOSPITAL AT STONY BROOK.....(631) 444-2591

HEALTH SCIENCES CENTER

S.U.N.Y., Stony Brook, NY 11794

30 bed unit acute adult care, 10 bed unit children 5-17.

Psychiatric emergency room Pediatric unit available. Medicaid.

VETERANS ADMINISTRATION MEDICAL CENTER(631) 261-4400 x2785

79 Middleville Road, Northport, NY 11768

397 bed unit of a Veterans Administration general hospital. (*Federal*)

Admissions restricted to honorably discharged veterans meeting eligibility criteria.

24 hour Veterans Crisis Line1-800-273-8255

OUTPATIENT PROGRAMS—ADULTS

MENTAL HEALTH CLINICS

Please see PROS Programs offering additional clinical treatment services

Brentwood Mental Health Clinic..... (631) 853-7300 Fax: (631) 853-7301
1841 Brentwood Road, Brentwood, NY 11717
No one time evaluations
Open Access Hours available- call for scheduled hours

Brookhaven Mental Health Centers

Emergency Room Access Center (631) 447-3048 Fax: (631) 447-3750
101 Hospital Rd. Patchogue, NY 11772

Shirley Center (631) 852-1070 Fax: (631) 852-1119
550 Montauk Highway, Shirley, NY 11967
Will do evaluations, 6+

Patchogue Center (631) 854-1222 fax: (631) 854-1226
365 E. Main Street, Patchogue, NY 11772
One-time evaluations, 6+

Buckman Center – Brentwood (631) 761-3746 Fax: (631) 761-2244
Pilgrim Psychiatric Center, Bldg. 47, 998 Crooked Hill Road, W. Brentwood, NY 11717
No one time evaluations

Catholic Charities:

www.catholiccharities.cc

Bay Shore Center (631) 665-6707 Fax: (631) 665-3564
9 Fourth Avenue, Bay Shore, NY 11706
No one time evaluations
Open Access Hours: Tuesday 1pm-5pm

Medford Center (631) 654-1919 Fax: (631) 475-8407
1727 North Ocean Avenue, Medford, NY 11763
No one time evaluations

Community Counseling Services

408 Main Street South, Center Moriches, NY 11934 (631) 874-0185 Fax: (631) 909-3558
psychiatric services Mon-Fri 9 – 9 PM Sat 8-6 PM

Farmingville Mental Health Center (631) 854-2552 Fax: (631) 854-2580
15 Horseblock Place, Farmingville, NY 11738
No one-time evaluations ; Open Access hours: Fr 10am-2pm
On Track NY at Farmingville MH Clinic
Individuals age 16-30 experience First Episode of Psychosis (FEP) (631) 854-2400

MENTAL HEALTH CLINICS (CONT.)

Family Service League:

www.FSL-LI.org

The Iovino South Shore Family Center (631) 647-3100 Fax: (631)647-3130
1444 Fifth Avenue, Bay Shore, NY 11706
(Program for Parents with mental illness)

Central Islip Clinic (631) 663-4300 Fax: (631) 439-4066
320 Carleton Avenue, Central Islip, NY 11722
No one-time evaluations

East Hampton Center (631) 324-3344 Fax: (631)324-6709
316 Accabonac Rd, East Hampton, NY 11937
No one-time evaluations

Family Counseling Center Westhampton Beach (631) 288-1954 Fax: (631) 288-1955
Bienecke Building, 40 Main Street
P.O. Box 1348, Westhampton Beach, NY 11978
No one-time evaluations

Mattituck Center (631) 298-8642 Fax: (631) 298-4869
7555 Main Road, P.O. Box 1418 Mattituck, NY 11952
No one-time evaluations

Mastic Clinic.....(631) 924-3741 Fax (631) 924-2413
1235 Montauk Highway, Mastic, 11950

Huntington(631) 396-2300 Fax (631) 396-2361
55 Horizon Drive, Huntington, NY 11743
No one-time evaluations

Riverhead Center
208 Roanoke Avenue, Riverhead, NY 11901.....(631) 369-0104 Fax (631) 369-5433
No one-time evaluations
Sterlington Commons, Greenport, NY 11944(631) 477-4067
Must call Mattituck Center first

MENTAL HEALTH CLINICS (CONT.)

Family Wellness Center (FREE) (631) 273-1300 Fax: (631) 273-4342
120 Plant Avenue, Hauppauge, NY, 11788
www.familyres.org

Federations of Organizations:

240-A Long Island Avenue, Wyandanch, NY 11796..(631) 782-6200 Fax (631) 491-5354
No one-time evaluations

New Horizons (631) 257-5173 Fax: (631) 257-5173
445 Oak Street, Copiague, NY 11726
No one-time evaluations

Smithtown..... (631) 656-9550 Fax: (631) 656-9551
11 Route 111, Smithtown, NY 11787
No one-time evaluations

Hampton Psychological Center

12 Oak St, Westhampton Beach(631) 255-7715

Hope House Ministries (631) 928-2377 Fax: (631) 476-8328

P.O. Box 358, 1 High St., Port Jefferson, NY 11777

No psychiatric services

Will do evaluations

Madonna Heights Services (631) 253-3480 Fax: (631) 253-3483

151 Burrs Lane, Dix Hills, NY 11746

No one-time evaluations

Opti Healthcare Mental Health Centers

Meadow Glen Center

75 Landing Meadow Rd., Smithtown, NY 11787(631) 360-4700 Fax (631) 382-4544

Riverhead Center (631) 284-5500 Fax: (631) 369-7421

883 E. Main Street, Riverhead, NY 11901

No one-time evaluations

Peconic Center- Pilgrim Outpatient Center (631) 369-1277 Fax: (631) 208-3445

550 E. Main Street, Suite 103, Riverhead, NY 11901

No one-time evaluations

Riverhead Mental Health Center (631) 852-1851 Fax: (631) 852-2570

Jail Unit – Suffolk County Correctional Facility

100 Center Drive, Riverhead, NY 11901

Riverhead Mental Health Center (631) 852-1440 Fax: (631) 852-1448

County Center

300 Center Drive, Riverhead, NY 11901

No one-time evaluations

MENTAL HEALTH CLINICS (CONT.)

Skills Unlimited Mental Health Clinic(631) 567-1626 x118

405 Locust Oakdale, NY 11769

Open Access Hours: Mon 9am-3pm & Wed 9am-2pm

Oakdale (631) 567-1626 Fax: (631) 567-3285

405 Locust Avenue, Oakdale, NY 11769

www.skillsunlimited.org

South Oaks Affiliate (631) 608-5620 Fax: (631) 608 4112

400 Sunrise Hwy, Amityville, NY 11701

www.south-oaks.org

No one-time evaluations

No therapists on staff

Private office

Stony Brook University Hospital-Clinic Treatment Program, Adult Division.....(631) 444-2570

2500 Nesconset Hwy, Building 2, Stony Brook, NY 11790 Fax: (631) 444 8962

No therapists on staff (medication management only), No one-time evaluations, No substance abuse

Western Suffolk Center (631) 761-2082 Fax: (631) 761-2282

998 Crooked Hill Road, Bldg.56 West

Brentwood, NY 11717

Yaphank Adult and Geriatric

Pilgrim Outpatient Center (631) 924-4411 Fax: (631) 924-4454

31 Industrial Blvd., Medford, NY 11763

18+ only

No one-time evaluations

Groups for recovery

ASSERTIVE COMMUNITY TREATMENT (ACT)

A team of professionals assigned to treat, monitor and ensure outpatient continuity of care for a select group of individuals diagnosed with a severe mental illness and whose needs have not been met by more traditional mental health services. ACT clients are those individuals who are generally high users of services including frequent acute psychiatric hospitalizations, emergency and/or crisis services and criminal justice involvement. The target population is those whose diagnosable mental illness significantly impairs his/her ability to function in the community without supports.

All referrals for ACT Team services must be made through the Adult SPOA Unit.

See page 25-26 for contact information

ASSISTED OUTPATIENT TREATMENT (AOT)

As per Section 9.60 of Mental Hygiene Law (a/k/a “Kendra’s Law”), AOT “provides for court-ordered outpatient treatment for certain people with diagnoses of mental illnesses who, in view of their treatment history and present circumstances, are unlikely to survive safety in the community without supervision.” A person may be ordered to obtain Assisted Outpatient Treatment (AOT) if the court finds that he or she is:

- At least 18 years of age and suffers from mental illness; and
- Is unlikely to survive in the community without supervision, based on a clinical determination; and
- Has history of non-compliance with treatment for mental illness which has led to either 2 hospitalizations from mental illness in the preceding 3 years, or resulted in at least 1 act of violence toward self or others or threats of serious physical harm to self or others within the preceding 4 years; and
- It is unlikely to accept the treatment recommended in the treatment plan; and
- Is in need of AOT to avoid a relapse or deterioration that would likely result in serious harm to self or others; and
- Will likely benefit from AOT.

The AOT Order includes a comprehensive Treatment Plan which includes outpatient program attendance and medication management in addition to monitoring and supervision by the Suffolk County Division of Community Mental Hygiene Services AOT Unit.

Client’s referred and eligible for AOT will receive Care Coordination services with Care Coordination Agencies, Suffolk County Management (ICM) or Assertive Community Treatment (ACT) services.

All referrals for Care Coordination, ACT or AOT must be on the Adult SPOA application which can be found at: www.suffolkcountyny.gov/departments/healthservices/mentalhygiene

PERSONALIZED RECOVERY ORIENTED SERVICES - PROS

PROS is a comprehensive recovery program for individuals diagnosed with severe and persistent mental illness. The goal of the program is to integrate treatment, support and rehabilitation in order to promote an individual's goals, abilities interests so that individuals will be prepared to live independently in the community. Services include vocational support. PROS agencies listed below have on-site clinical services.

Association for Mental Health & Wellness (631) 471-7242 Fax: (631) 471-5150
939 Johnson Avenue, Ronkonkoma, NY 11779
www.mhaw.org (formerly Clubhouse of Suffolk)

Family Service League Stepping Stones.....(631) 427-4001
790 Park Avenue, Huntington, NY 11743
www.fsl-li.org

Family Service League Journey House..... (631) 582-8492 Fax: (631) 647-3103
1444 5th Avenue, Bay Shore, NY 11706
www.fsl-li.org
Codependency specialty, day program dealing with mental health issues

Federation of Organizations Recovery Concepts at Babylon(631) 321-8229 x 1274
1 Farmingdale Road, W. Babylon, NY 11704
www.fedoforg.org
Co-occurring enhanced for people with MICA, job developer, 18+, Axis 1 primary health diagnosis

Federation of Organizations Recovery Concepts at Copiague(631) 552-4240
445 Oak St., Copiague, NY
www.fedoforg.org

Federations of Organizations Recovery Concepts at Patchogue(631) 447-6460
456 Waverly Avenue, Patchogue, NY 11772
www.fedoforg.org
18+, dual diagnosis, general day PROS program, provide clinical services

Foundation for Integrated Recovery Services and Treatment(631) 306-5870
Pilgrim State PC 998 Crooked Hill Rd, Building 5, West Brentwood, NY 11717

H.A.L.I. (Hands Across Long Island).....(631) 234-1925 x332
159 Brightside Ave, Central Islip, NY 11721
www.hali88.org
Co-occurring disorders, mental health clinic, full service PROS, 18+, support employment, accept ticket to work

Maryhaven PROS East(631) 727-4044
127 West Main Street, Riverhead, NY 11901
*General PROS day program, 3 different tracks
Track for mental illness & possible secondary developmental disability, track for mental illness & substance abuse, smaller track for mental illness & developmental disability*

Maryhaven PROS West(631) 924-5900
445 County Road 101 / Sills Road, Yaphank, NY 11980
General PROS day program for anyone in need, classes for dual diagnosed, clinical services

PERSONALIZED RECOVERY ORIENTED SERVICES – PROS(cont.)

Phoenix House Mental Health Services PROS FIRST..... (631) 306-5870 Fax: (631) 787-2644
Pilgrim Psychiatric Center, Building #5 Brentwood, NY 11717
Substance abuse program, mental health program, dual diagnosis

Skills Unlimited Success PROS (under FREE)..... (631) 567-1626 Fax: (631) 567-3285
405 Locust Ave, Oakdale, NY 11769
www.skillsunlimited.org
Director: Ruth Parkin, *email: rparkin@skillsunlimited.org*
Have to be over 18, MEDICAID only, have to have a diagnosis
Classes for dually diagnosed along with MI, mental health clinic w/ psychiatrist on staff),
cognitive remediation class (evidence based class)

Synergy Center (MHAW)..... (631) 369-0022 Fax: (631) 369-5336
1380 Roanoke Ave., Riverhead, NY 11901
Dual diagnosis substance abuse program, cognitive impairment program, transition youth
program, collaborate with San Simeons program, wellness coach on staff, diabetes and
metabolic syndrome program, employment program

WellLife Network PROS East (631) 920-8500 Fax: (631) 920-8501
3600 Route 112, Coram, NY 11727
www.welllifefnetwork.org
General PROS day program

WellLife Network PROS North..... (631) 920-8306 Fax: (631) 920-8460
11 route 111, Smithtown, NY 11787
www.welllifefnetwork.org
General PROS day program, substance abuse classes, young adult classes, referral work in
house with the other WellLife Network programs

PARTIAL HOSPITALIZATION AND DAY TREATMENT FOR ADULTS

Out-patient setting similar to inpatient setting in regard to available treatment modalities and
availability of staff for several hours per day. Duration of treatment is time limited.

Mather Partial Hospitalization(631) 473-3877 x 26
100 Highland Blvd, Port Jefferson Station, NY 11776

South Oaks Partial Hospitalization (631) 608-5340/5375
400 Sunrise Highway, Amityville, NY 11701

OUTPATIENT PROGRAMS-CHILDREN

CHILDREN'S MENTAL HEALTH SERVICES

CHILDREN'S PSYCHIATRIC EMERGENCIES

Suffolk County Mobile Crisis Team.....(631) 952-3333
10:00am-11:00pm 7 days a week

MENTAL HEALTH CLINICS FOR CHILDREN

Brentwood Mental Health Clinic (*over 7 years*)..... (631) 853-7300 Fax: 853-7300
1841 Brentwood Road, Brentwood, NY 11717

Brookhaven Mental Health Center:

Shirley Center – East (5+) (631) 852-1070 Fax: (631) 852-1119
550 Montauk Highway, Shirley, NY 11967

Patchogue Center – West (5+)..... (631) 854-1222 Fax: (631) 854-1226
365 E. Main Street, Patchogue, NY 11772

Catholic Charities:

www.catholiccharities.cc

Bay Shore Center (5 and up) (631) 665-6707 Fax: (631) 665-3564
9 Fourth Avenue, Bay Shore, NY 11706

Medford Center (5 and up)..... (631) 654-1919 Fax: (631) 475-8407
1727 North Ocean Avenue, Medford, NY 11763

Family Service League:

www.fsl.org

Central Islip (5 and up)..... (631) 663-4300 Fax: (631) 439-4066
320 Carleton Ave., Central Islip, NY 11722

East Hampton Clinic(631) 324-3344
316 Accabonac Rd., East Hampton, NY 11937

Huntington (5 and up)..... (631) 396-2300
55 Horizon Drive, Huntington, NY 11743

Iovino So. Shore Family Center.....(631) 647-3100
1444 Fifth Avenue, Bay Shore, NY 11706
Youth age only 13+

Mastic Clinic.....(631) 924-3741
1235 Montauk Highway, Mastic, 11950

Mattituck Center (5 and up)..... (631) 298-8642 Fax: (631) 298-4869
7555 Main Rd., Mattituck, NY 11952

Riverhead Clinic(631) 369-0104
208 Roanoke Avenue, Riverhead, NY 11901

Westhampton Beach Clinic.....(631) 288-1954
40 Main Street, Westhampton Beach, NY 11946

OUTPATIENT PROGRAMS-CHILDREN

MENTAL HEALTH CLINICS FOR CHILDREN (CONT.)

- Farmingville Mental Health Center (*6 and up*)..... (631) 854-2552 Fax: (631) 854-2550
15 Horseblock Place, Farmingville, NY 11738
- Federation of Organizations
240-A Long Island Ave., Wyandanch, NY 11796(*5 and up*) (631) 782-6200 Fax (631) 491-5354
- New Horizons (*6 and up*)
445 Oak Street, Copiague, NY 11726 (631) 257-5173 Fax: (631) 257-5174
11 Route 111, 2nd floor, Smithtown, NY 11787(631) 656-9550
- Center Moriches (*6 and up*) (631) 874-2700 Fax: (631) 874-3786
220 Main Street, Center Moriches, NY 11934
- Just Kids Diagnostic and Treatment Center..... (631) 924-1000 Fax: (631) 924-4298
35 Long Wood Rd., Middle Island, NY 11953
www.justkidsschool.com
Private preschool programs for young children, birth to five years
Birth to adults
Have psychiatric nurse practitioner
- Madonna Heights Services **SCO**(*5 and up*)..... (631) 643-8800 Fax: (631) 253-3483
151 Burrs Lane, Dix Hills, NY 11746 ..Emergency # during closed hours: (631) 643-8800
www.sco.org/programs/madonna-heights
- Riverhead Mental Health Center (631) 852-1440 Fax: (631) 852-1448
300 Center Drive, County Center, Riverhead, NY 11901
(11+ - no child psychiatrist on site)
(Prior mental health diagnosis required prior to being admitted to care)
- Sagamore Children's Psychiatric Center(631) 370-1701
197 Half Hollow Road Dix Hills, New York 11746
- Sagamore Children's Center Outpatient clinic(631) 654-2077
440 Waverly Avenue, Suite 14, Patchogue, NY 11772
School age children 7-17 years old
Sagamore in-patient discharges ONLY, waiting list otherwise
- South Oaks Child's and Adolescent Center (*inpatient*).....(631) 608-5610
South Oaks Comprehensive Behavioral Services *outpatient* (COBS)(631) 608-5900
400 Sunrise Hwy, Amityville, NY 11701
www.south-oaks.org
Ages 5+
- University Medical Center SUNY Stony Brook
Outpatient(631) 632-8850
Medical Center(631) 689-9333

OUTPATIENT PROGRAMS-CHILDREN

COMMUNITY- BASED SERVICES

Children And Parents Together (CAPT)

Advocacy program serving parents who have a mental illness and their pre-school children who are at risk of developing an emotional disturbance. CAPT provides a therapeutic nursery, social and recreational programs for the children and parents, case management and crisis intervention.

FSL - CAPT	1444 Fifth Avenue Bayshore NY 11706	631 647-3120
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Family Connect

Child and Family Support program designed to provide short-term crisis intervention, respite linkages, support, information, referral and advocacy to children and youth with or at risk of developing serious emotional and behavioral challenges and their families. Family Connect program, seeks to bridge the gap between families in need and community resources. Mobile Crisis and ER/CPEP referrals are not appropriate and should continue to be referred to LINK.

FSL Family Connect	1444 Fifth Avenue Bayshore NY 11706	631 647-3100 x6200
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Family Peer Support Services

Family Peer Support Service (FPSS) programs enhance the capacity of families to care for their at-risk child, reducing the risk of hospitalization. The goal is to maintain the child in the home by providing a variety of supports and services to the family for the benefit of the child.

Family & Children's Assoc.	Family Center Suffolk 4400 Veteran's Highway Suite 202 Holbrook, NY	631-389-4693
FSL Parent to Parent Prg.	Brentwood MHC 1841 Brentwood Road Brentwood, NY 11717	631 853-2793
Long Island Families Together	21 Greene Avenue Amityville, NY 11701	631 264-LIFT
WellLife Network Family Peer Support Program	3600 Route 112, Coram, NY 11727	631 920-8302

Respite Programs

Respite programs provide temporary care to a seriously emotionally disturbed child or adolescent while providing relief to the family. Services may include individual respite, respite groups, community-based respite and therapeutic recreational programs. Respite care may be provided both in-home and out-of-home on an emergency or planned basis.

FSL RECESS Program	1444 Fifth Avenue Bayshore NY 11706 Also Bellport & Riverhead locations	631 650-0104
WellLife Network Respite	3600 Route 112, Coram, NY 11727	631 920-8302

OUTPATIENT PROGRAMS-CHILDREN

CHILDREN'S CRISIS INTERVENTION/RESPITE SERVICES

Sagamore Crisis Respite House (631) 370-1606 (ask for Respite Intake)
Children ages 10-17 who are experiencing a crisis in their residence

Suffolk County Children's Crisis Respite Program.....(631) 370-1657
Children 5-17 who are at risk or are currently experiencing an emotional/behavioral crisis

WellLife Network Home Based Crisis Intervention (HBCI)(631) 920-8302
Children ages 5-17 in crisis- 4-6 week of in-home services

CHILDREN'S SINGLE POINT OF ACCESS (C-SPOA)

The Children's Single Point of Access system began in 2001 to simplify and coordinate the process of linking children with serious emotional disturbance and their families to the services that can assist in meeting their needs. The goal of SPOA is to identify children at highest risk of placement in out-of-home settings; develop appropriate strategies to manage those children in their home communities; and monitor and track progress through system. The Children's SPOA is characterized by a multi-disciplinary representation of agencies. Referrals may be made to SPOA for children, age five through 18 years, with a major psychiatric diagnosis who meet the NYS OMH criteria for Serious Emotional Disturbance (SED).

Suffolk County Children's SPOA Referral and Information Line(631) 853-8513

C-SPOA IN-HOME PROGRAMS

Supportive Case Management (SCM), Intensive Case Management (ICM) & Non-Medicaid Care Coordination/Intensive Case Management (NMCC/ICM)

All develop service plans based on the specific needs and desires of the child and the family. Programs provide care coordination services, including service linkage, coordination and monitoring and crisis intervention to maximize each youth's potential for growth and emotional stability within their natural support system and maintain the youth in their home and community. The ICM and NMCC/ICM sees the child and/or family a minimum of four visits per month, while the SCM maintains a minimum of two visits per month.

Family Service League Children's Support Case Management(631) 650-0063
1444 Fifth Avenue, Bay Shore NY

Family Service League NMCC/ICM.....(631) 650-0063
1444 Fifth Avenue, Bay Shore NY
75 East Main Street, Riverhead, NY

Suffolk County Child & Youth ICM(631) 854-0163
3500 Sunrise Hwy, Great River NY

OUTPATIENT PROGRAMS-CHILDREN

COORDINATED CHILDREN’S SERVICES (CCSI)

CCSI is an interagency approach to serving children and their families. The program targets children who are at risk for out of home placement. Worker provides weekly visits requiring parental commitment. Requires a parenting skills enhancement course; anger management courses are available for the child.

Family Service League CCSI.....(631) 650-0073
1444 Fifth Avenue, Bay Shore NY

HOME AND COMMUNITY BASED SERVICES (HCBS) WAIVER PROGRAM (MEDICAID WAIVER)

The HCBS Waiver program targets the most seriously psychiatrically impaired youth who are at risk of hospitalization or Residential Treatment Facility placement. A comprehensive array of services is available including: Individualized Care Coordination, Intensive In-Home, Crisis Response, Respite, Skill Building and Family Support Services.

Family Service League HCBS(631) 998-1002
75 East Main Street, Riverhead, NY

SCO HCBS(631) 213-0259
151 Burrs Lane, Dix Hills NY

WellLife Network HCBS.....(631) 920-8302
3600 Route 112, Coram NY

SPOA COMMUNITY-BASED RESIDENTIAL SERVICES

Teaching Family Homes (TFH)

TFH provides a family-like residential environment for children. A specially trained live-in couple teaches the skills necessary for the children to live successfully in a family, attend school, and live productively in the community. With continuous training and supervision, a therapeutic environment is maintained which allows for treatment and “family style” living. Emphasizes working closely with the child’s family to facilitate family reunification upon discharge.

Catholic Charities TFH.....(516) 634-0014 x129
333 North Main Street, Freeport, NY

Community Residences (CR)

Community Residences are residential programs for six to eight children that include structured daily living activities, development of problem-solving skills, a behavior management system and caring adult relationships. Program staffing provides for 24-hour awake supervision.

Family and Children Association Lakeview House..... (516) 678-5991 x1316
392 Holly Place, Lakeview, NY

Mercy First Merrick House.....(516) 868-2050
2421 Babylon Turnpike, Merrick, NY

OUTPATIENT PROGRAMS-CHILDREN

SPOA COMMUNITY-BASED RESIDENTIAL SERVICES

SCO Family of Services Deer Park CR(631) 243-3179
95 Central Ave, Deer Park, NY

WellLife Network Dix Hills CR.....(631) 683-4393
43 Arista Drive, Dix Hills, NY

WellLife Network Setauket CR.....(631) 751-0197
13 Thompson Haypath, Setauket, NY

Residential Treatment Facility (RTF)

Residential Treatment Facilities provide fully integrated MH treatment and special education services under the direction of a psychiatrist, in a well-supervised residential setting. RTF's can serve youngsters between 5 and 21 years of age. Most youngsters are served for an extended stay between 6 months and 2 years. Access to an RTF is through the Preadmission Certification Committee (PACC) under the guidance of the Office of Mental Health (OMH).

MercyFirst RTF (631) 516-921-0808 x830
525 Convent Rd, Syosset NY.

SCO Madonna Heights RTF.....(631) 643-8800 x0214
151 Burrs Lane, Dix Hills NY

DAY TREATMENT PROGRAMS FOR CHILDREN

Sagamore Children's Psychiatric Center (631) 370-1700
Intensive Day Treatment Program (631) 370-1883 Fax: (631) 370-1886
197 Half Hollow Road, Dix Hills, NY 11746

Bellport Day Treatment Center..... (631) 286-6930 Fax: (631) 286-6939
350 Martha Avenue, Bellport, NY 11714
High school only, 15 to 18 (9th grade to 12th grade), admission has to go through school district (Family Home School District, then apply to Boces, then set up a screening)

North Babylon Day Treatment Center (631) 491-4355 Fax: (631) 491-4522
Sagamore Program at Brennan School
550 Mount Avenue, N. Babylon, NY 11703
12 to 18 years old, done through homeschool district for student

Sayville Academic Center..... (631) 567-5834 Fax: (631) 567-4836
Sagamore Day Program
100 Greene Avenue, Sayville, NY 11782
Elementary School, must be enrolled in school to receive treatment

HEALTH HOMES AND CARE COORDINATION

HEALTH HOMES

A Health Home is a care management service model whereby all of an individual's caregivers communicate with one another so that all of a patient's needs are addressed in a comprehensive manner. This is done primarily through a "care manager" who oversees and provides access to all of the services an individual needs to assure that they receive everything necessary to stay healthy, out of the emergency room and out of the hospital. Health records are shared (either electronically or paper) among providers so that services are not duplicated or neglected. The health home services are provided through a network of organizations – providers, health plans and community-based organizations. When all the services are considered collectively they become a virtual "Health Home."

The following are the designated Suffolk Health Homes:

CommunityHealth Care Collaborative (CCC), Health Home at HRHCare

1-888-980-8410 press 3 for Suffolk

Northwell Health Solutions Health Home Program

1-888-680-6501

ADULT SINGLE POINT OF ACCESS (SPOA)

Adult SPOA Unit..... (631) 853-6204 Fax (631) 853-6451

Assisted Outpatient Treatment (631) 853-6205 Fax (631) 853-6451

William J. Lindsay County Complex

725 Veterans Memorial Highway

P.O. Box 6100 Bldg.C016

Hauppauge, NY 11788

CARE COORDINATION

Adult SPOA (Single Point of Access) coordinates referrals for care coordination to Health Home Care Management agencies and ACT Team providers. An individual receiving care coordination services can expect assistance with accessing services that support an improved quality of life. Care coordination can involve assistance with housing, outpatient treatment, vocational services, day programs and disability benefits. Additionally, the Adult SPOA unit provides referrals for care coordination services for those individuals without Medicaid coverage, and is available to offer assistance as you navigate the mental health system. For assistance or more information on how to apply please call 853-6204.

Clients with Medicaid may also make a direct referral to a Health Home for care coordination services. All requests for clients without Medicaid or for ACT level services are made through the Adult SPOA unit.

Based on an individual's location and needs, referrals are made to the following agencies:

Adult SPOA Unit(631) 853-6204 Fax: (631) 853-6451
William J. Lindsay County Complex
725 Veterans Memorial Highway
P.O. Box 6100 Bldg.C016
Hauppauge, NY 11788

SC Intensive Case Management (ICM) Adults (631) 761-4182 Fax: (631) 761-4184
Pilgrim Psychiatric Center
998 Crooked Hill Road, Bldg 69, Brentwood, NY 11717

Association for Mental Health and Wellness..... (631) 369-4419 Fax: (631) 369-4421
1380 Roanoke Avenue, Riverhead, NY 11901

Family Service League – Amityville (631) 844-5900 Fax: (631) 608-6640
660 Albany Avenue, Amityville, NY 11701

Family Service League – Bay Shore..... (631) 647-3111 Fax: 647-3117
1444 Fifth Avenue, New York 11706

Federation of Organizations, Inc..... (631) 447-6460 Fax: (631) 207-1976
3390 Route 112, Medford, New York 11763

WellLife Network (631) 920-8303 Fax: (631) 920-8463
11 Route 111, Smithtown, New York 11787

Sayville Project (631) 563-2290 Fax: (631) 563-2360
640 Johnson Avenue, Suite GL-002, Bohemia, New York 11716

NYS OMH-LICENSED AND SUPPORTED HOUSING

BACK IN THE COMMUNITY - HOUSING

Application for all mental health housing in Suffolk County must be submitted to the Single Point of Access (SPA). The SPA may be reached at (631) 231-3562.

<http://www.suffolkcountyny.gov/departments/healthservices/mentalhygiene.aspx#SPA>

Apartment Treatment Program- Residents live with one or two other individuals in a community setting where they are visited by staff 3-4 times per week.

Community Residences- Licensed, staffed, rehabilitative programs designed to assist individuals with learning or relearning the skills necessary to live as independently as possible in the community. There are varying levels of care based on the individuals' needs. Levels of care range from 24 hour, 7-day staff supervision to 1 or 2 staff visits per week. Case managers, treatment providers, family or consumers can make the application, but each agency has its own requirements for documentation. Fees are regulated and can be managed by public benefits or private pay.

Supported Housing- A number of agencies offer only this form of housing. It is virtually independent living. Supported Housing is a non-licensed, non-staffed permanent housing option. For a percentage of the person's income, he/she is provided with an apartment (may be single or shared) and all necessary furnishing. Utilities are usually included. Case Management is provided.

Supportive Housing- In supportive housing, housing and support are linked. This means that staff members usually work in the residences to provide support. Supportive housing is a cost-effective combination of affordable housing with services that helps people live more stable, productive lives. Supportive housing works well for people who face the most complex challenges: individuals and families who are not only homeless, but who also have very low incomes and serious, persistent issues that may include substance use, mental illness, and HIV/AIDS.

Community Residence, Single Room Occupancy (CR-SRO) - A type of transitional living. These are individual apartments that have their own efficiency kitchens and bathroom facilities, in supervised buildings with on-site case management.

State Operated Community Residences - SOCR is a 24-hour, 7-day a week staffed program for individuals with a greater need for structure and supervision. Application may only be made through the discharge-planning unit of the State Psychiatric Facility.

Pilgrim Psychiatric Center - Discharge Planning Unit(631) 544-7040
P.O. Box 366, Kings Park, NY 11754

Long Island Family Care Program Pilgrim Psychiatric Center—Bldg.-69.... ..(631) 761-2982
This program places up to 4 individuals to live with a family who has received training and are supervised by the Pilgrim Family Care Staff.

Substance Abuse & Mental Health Residences

Phoenix House Community Residence.....(631) 306-5700
P.O. Box, 3001, Bldg. 5, Pilgrim Psychiatric Center, Brentwood, NY 11717

COMMUNITY RESIDENCES

All applications for mental health adult housing services are processed through the single point of access (SPA) through the Long Island Residential Association.....(631) 231-3562

Aid to the Developmentally Disabled.....(631) 727-6220 Fax (631) 727-6553
901 E. Main St., Suite 508, Riverhead, NY 11901
Supervised and intensive supportive for the mentally ill and mentally ill/mentally retarded
www.addny.net

Catholic Charities..... (631) 968-8007 Fax: (631) 968-8009
Sienna Residence, 12 Mechanicsville Road
Bay Shore, NY 11706
Supervised, Intensive Supportive

Concern for Independent Living..... (631) 758-0474 Fax: (631) 758-0467
PO Box 358, 312 Expressway Dr. South
Medford, NY 11763
www.concernhousing.org

F.R.E.E.....(516) 870-1600
(Family Residences and Essential Enterprises)
191 Sweet Hollow Rd
Old Bethpage, NY 11804
Housing for the mentally ill,mentally retarded, chemical abuser adults.
www.familyres.org

H.A.L.I. (Hands Across Long Island)..... (631) 234-1925 Fax 234-7258
159 Brightside Avenue
Central Islip, NY 11722
www.hali88.org/

Mercy Haven.....(631) 277-8300
Fax (631) 277-8394
859 Connetquot Avenue
Islip Terrace, NY 11752
www.mercyhaven.org

Options for Community Living Inc (631) 361-9020 Fax: (631) 361-9204
202 E. Main Street, Suite 6
Smithtown, NY 11787
www.optionscl.org

Park House Inc.....(631) 366-3595
PO Box 982
Smithtown, NY 11787

Phoenix House- Community Residences.....(631) 306-5710 Fax (631) 787-2646
Pilgrim Psychiatric Center
W. Brentwood, NY 11717
www.phoenixhouse.org

COMMUNITY RESIDENCES (cont.)

- Madonna Heights Services(631) 643-8800 Fax (631) 491-4440
151 Burrs Lane, PO Box 8020
Dix Hills, NY 11746
Single women in recovery, women with children, recovery homes for released convicts.
www.sco.org/programs/madonna-heights
- LI Coalition for Homeless(631) 464-4314 Fax (631) 464-4319
600 Albany Ave
Amityville, NY 11701
<http://www.addresssthehomeless.org/>
- Transitional Services of New York for Long Island..... (631) 231-4705 Fax: (631) 231-4754
840 Suffolk Avenue, Brentwood, NY 11717
Supervised, intensive supportive, and supportive, HIV/AIDS housing
www.tsli-hhb.org
- The Way Back, Inc. (631) 928-0202 Fax: (631) 928-4385
1401 Main Street, Suite 6
Port Jefferson, NY 11777
Supervised, intensive supportive, and supportive, apartment treatment
www.thewayback.org

COMMUNITY RESIDENCE SINGLE ROOM OCCUPANCY (CR-SRO)

- Federation of Organizations..... (631) 669-5355 Fax: (631) 669-1114
1 Farmingdale Road
West Babylon, NY 11704 (The Irving Berkowitz CRSRO)
www.fedoforg.org/
- Concern for Independent Living..... (631) 758-0474 Fax: (631) 758-0467
312 Expressway Drive South
Medford, NY 11763 (Pollack Gardens)
- F.R.E.E. (Family Residences and Essential Enterprises)..... (631) 273-1300
120 Plant Avenue
Hauppauge, NY 11788-3823

SUPPORTED HOUSING

- Adelante of Suffolk County (631) 234-1049 Fax: (866) 531-5389
83 Carleton Avenue, Central Islip, NY 11772
Supported housing for Hispanic and other multi-cultural individuals
www.adelantesc.us
- Aid to the Developmentally Disabled..... (631) 727-6220 Fax: (631) 727-6553
901 E. Main St., Suite 508, Riverhead, NY 11901
Supervised and intensive supportive for the mentally ill and mentally ill/mentally retarded
- Association for Mental Health & Wellness (631) 471-7242 Fax: (631) 738-0427
939 Johnson Avenue, Ronkonkoma, NY 11779
www.mhaw.org (formerly Clubhouse of Suffolk)
- Concern for Independent Living..... (631) 758-0474 Fax: (631) 758-0467
312 Expressway Drive South, Medford, NY 11763
www.concernhousing.org
- Federation of Organizations..... (631) 669-5355 Fax: (631) 669-1114
1 Farmingdale Road, West Babylon, NY 11704
www.fedoforg.org
- Federation of Organizations Community Center.....(631) 447-6464 Fax (631) 289-7098
456 Waverly Ave
Patchogue, NY 11772
- F.R.E.E. (Family Residences and Essential Enterprises)..... (516) 870-1600 Fax: (516) 870-1660
191 Sweet Hollow Road
Old Bethpage, NY 11804-1314
www.familyres.org
- H.A.L.I. (Hands Across Long Island)..... (631) 234-1925 Fax: (631) 234-7258
159 Brightside Avenue, Central Islip, NY 11722
www.hali88.org
- Mercy Haven..... (631) 277-8300 Fax: (631) 277-8394
859 Connetquot Avenue, Suite 10, Islip Terrace, NY 11752
Housing for singles, adults and families
www.mercyhaven.org
- Options for Community Living, Inc.(631) 361-9020
202 East Main Street, Suite 6, Smithtown, NY 11787
www.optionscl.org
- The Way Back, Inc (631) 928-0202 Fax: (631) 928-4385
1401 Main Street, Suite 6, Port Jefferson, NY 11777
www.thewayback.org
- WellLife Network Center..... (631) 920-8000 Fax: (631) 920-8164
55 Horizon Drive, Huntington, NY 11743
<http://www.welllifenetwork.org>

SUPPORTIVE HOUSING

- Aid to the Developmentally Disabled..... (631) 727-6220 Fax: (631) 727-6553
901 E. Main St., Suite 508, Riverhead, NY 11901
Supervised and intensive supportive for the mentally ill and mentally ill/mentally retarded
www.addny.net
- Concern for Independent Living..... (631) 758-0474 Fax: (631) 758-0467
312 Expressway Drive South, Medford, NY 11763
www.concernhousing.org
- Federation of Organizations..... (631) 669-5355 Fax: (631) 669-1114
1 Farmingdale Road, West Babylon, NY 11704 (The Irving Berkowitz CRSRO)
www.fedoforg.org
- F.R.E.E. (Family Residences and Essential Enterprises).....(631)273-1300
120 Plant Avenue, Hauppauge, NY 11788-3823
www.familyres.org
- Mercy Haven..... (631) 277-8300 Fax: (631) 277-8394
859 Connetquot Avenue, Islip Terrace, NY 11752
Housing for singles, adults and families
www.mercyhaven.org
- The Way Back, Inc. (631) 928-0202 Fax: (631) 928-4385
1401 Main Street, Suite 6, Port Jefferson, NY 11777
Supervised, intensive supportive, and supportive, apartment treatment
www.thewayback.org
- Transitional Services of New York for Long Island..... (631) 231-4705 Fax: (631) 231-4754
840 Suffolk Avenue, Brentwood, NY 11717
Haven House provides supervised, intensive supportive, and supportive, HIV/AIDS
housing
TSLI provides housing for the mentally ill
www.tsli-hhb.org

OTHER HOUSING SERVICES

Mobile Residential Transition Support Team- Adults living in Supported Housing who need additional support as well as adults living in other levels of SPA housing who need additional services in order to move into Supported Housing. Services may include medication management, symptom management, crisis intervention, skill development, etc.

Concern for Independent Living..... (631) 758-0474
Federation of Organizations.....(631) 299-2530 ext. 5111
Options for Community Living(631) 361-9020 ext. 1182

Adult Crisis Respite Programs-Short-term Respite Programs for individuals with Serious Mental Illness from current living situation.

Concern for Independent Living.....(631) 947-2900 ext. 405
Federation of Organizations.....(631) 236-4325 ext. 5113
FREE..... (516)-870-1600 ext.1761

Forensic Supported Housing- Supported housing with additional supports for adults being released from prison or adults being discharged from Pilgrim Psychiatric Hospital with a prison history.

FREE..... (516)-870-1631

The Mediation Project- A mediator is available to meet with people living in mental health housing to help residents resolve conflicts related to their mental health housing needs. The goal of the program is to help individuals maintain housing.....(631) 226-3900 ext. 1334

Adult Homes – Living quarters where room and board are provided. There is less structure and supervision. Not all Adult Homes accept applications from persons with psychiatric disabilities. Any complaints regarding a licensed Adult Home should be directed to the Office of Housing and Adult Services- NYS Dept. of Social Services at 294-2877 / Division of Adult Services (DAS) 1-800-635-7920

Office For People With Developmental Disabilities (OPWDD)..... (631) 434-6100
415A Oser Avenue
Hauppauge, NY 11788

PEER AND SELF-HELP SERVICES

PEER SUPPORT SERVICES

- Association for Mental Health & Wellness(631) 681-6920
East End Peer Recovery Center
- Hands Across Long Island(631) 234-1925
Peer Operated Wellness Center
<http://www.hali88.org/>
- Association for Mental Health & Wellness(631) 471-7242 x1302
Careers In Recovery & Wellness Training
Contact: Tracy Puglisi
12-week training course. Use your personal experience with mental illness and the knowledge gained to become successfully employed in entry-level human service job. Course prepares student to gain the skills necessary to become a Certified Peer Specialist through NYS OMH
- Academy of Peer Services
The Academy of Peer Services is an NYS Office of Mental Health funded training and technical assistance center whose purpose is to improve peer provided services in New York State through the enhancement of skills and education. The Academy will provide web-based education, technical assistance and opportunities to foster sharing of knowledge, experience and information www.academyofpeerservices.org
- Federation of Organizations
- The Peer Outreach with Evening Recreation (POWER)(631) 447-6460 x2114
- The Respite Plus(631) 447-6460 x2188
- The Jr./Sr. Companion(631) 447-6460 x 3130
- The Advocacy program.....(631) 447-6460 x 2203
- Friendship Network(516) 326-6111
www.friendshipnetwork.org
- Program..... (631) 727-3722 Fax: (631) 727-2142
518 E. Main St.Ste106, Riverhead, NY 11901 www.riverheadcap.org
Drug and Alcohol Prevention Program, for children from Riverhead Public school ONLY
- Smithtown Youth Bureau (631) 360-7595 Fax: (631) 360-7687
161 E. Main St., Smithtown, NY 11787
*Parenting programs, brief crisis interventions, leadership, job readiness
Family and youth (birth to 21) services,*
- Suffolk County Youth Bureau (ages Birth -21)..... (631) 853-8270 Fax: (631) 853-8271
100 Vets Hwy., Hauppauge, NY 11788
No direct services, just fund, do referrals for runaway and homeless children
- LIGALY (ages 13 to adults) (631) 665-2300 Fax: (631) 665-7874
(Long Island Gay and Lesbian Youth)
34 Park Ave. Bay Shore, NY 11706
www.liglbtnetwork.org
Network, counseling services, workshops

YMCA Family Services..... (631) 580-7777 Fax: (631) 580-7773
1150 Portion Rd Ste. 6, Holtsville 11742
Counseling for adolescents

SELF-HELP/ SUPPORT GROUPS

Association for Mental Health & Wellness(631) 226-3900
Anxiety and Panic Disorder, Mood Disorder/Depression,
Relatives and Friends of Persons with Mental Illness
PFC Joseph P. Dwyer Project- PTSD Peer to Peer Support Group..... (631) 853-8345
Alcoholics Anonymous (AA)(631) 654-1150
www.suffolkny-aa.org24-hr Hotline: (631) 669-1124
Al-Anon/Alateen..... (888) 425-2666
www.al-anon.alateen.org
Suffolk Office(631) 669-2827
Brookhaven Hospice.....(631) 758-3600
Free support groups for bereavement and suicide
CHADD (Children, Adults with ADD)(631) 626-6280
Codependents Anonymous (602) 277- 7991
www.coda.org
Emotions Anonymous National Hotline(651) 647-9712
Good Shepherd Hospice(631) 465-6300
Groups for the loss of spouse, adult loss of parent, groups for children, and general bereavement.
Hospice Care Network.....(631) 666-6863
Ages 4-18, and adults. Groups for loss of spouse, parent, child, sibling, baby. Groups for children and general bereavement.
Long Island Families Together (LIFT) adoption support group(631) 264-5438 x 103
*Family Residences and Essential Enterprises, INC,
191 Bethpage-Sweet Hollow Rd, Old Bethpage, NY*
L.I. Against Domestic Violence..... (631) 666-8833 Fax: (631) 666-9208
www.liadv.org
NAMI Central Suffolk(631) 675-6831
NAMI Huntington.....(631) 385-0754
NAMI – New York State (800) 950-3228
Narcotics Anonymous of Suffolk(631) 689-6262
Recovery International.....(631) 724-5190
Suffolk YJCC-Commack(631) 462-9800
Free support groups for bereavement, caregivers group and holocaust support group.
Sunshine Prevention Center – Port Jefferson Station(631) 476-3099
Teen Support Groups, Workshops, Parenting Skills Programs www.sunshinepreventionctr.org

12-STEP PROGRAMS

Alcoholics Anonymous.....	(631) 669-1124
Families Anonymous	(516) 221-0303
LI Gamblers Anonymous.....	(877) 533-4395 or (877) 442-4248
Narcotics Anonymous.....	(516) 827-9500
AL-ANON	(631) 669-2827
Co-Dependents Anonymous (CODA)	(631) 271-1445
GAM-ANON - 24 hr. hotline	(718) 352-1671
Overeaters Anonymous.....	(505) 891-2664- National Hotline

ANGER MANAGEMENT

LICADD (Long Island Center for Alcoholism and Drug Dependence).....	(516) 747-2606
The Life Center	(631) 673-5433
17 E. Carver Street, Huntington, NY 11743	
www.lifecenterli.com	
Bellport Hagerman East Patchogue Alliance.....	(631) 286-9236
1492 Montauk Hwy, Bellport, NY 11713	
www.bhepalliance.org	
Babylon Consultation Center – Individual treatment	(631) 587-4622
210 Deer Park Avenue, Babylon, NY 11702	
Family Service League	(631) 647-3100
Bay Shore, NY 11706	
Islip Youth & Family Counseling	(631) 231-4333
Group counseling, ages 8-21	
13 McWhorter St., Brentwood, NY 11717	
Education & Assistance Corporation.....	(516) 489-7929
Parent Resource Center – Smithtown	(631) 360-7517
Classes run as needed (<i>Parenting Class, includes some subject matter on anger mgmt</i>)	
Sunrise Counseling Center (<i>individual counseling only</i>).....	(631) 666-1615
107 West Main Street, East Islip, NY 11730	
Sunshine Prevention Center – Port Jefferson.....	(631) 476-3099
Teens, Adult – individual sessions only	
Batterers Intervention Program through VIBS (HALT).....	(631) 360-2270
.....	(631) 360-3730 (main line)

PERINATAL MOOD & ANXIETY DISORDERS

Women of every culture, age, income level and race can develop perinatal mood and anxiety disorders. Symptoms can appear any time during pregnancy and the first 12 months after childbirth. There are effective and well-researched treatment options to help you recover. Although the term “postpartum depression” is most often used, there are actually several forms of illness that women may experience, including pregnancy (also called antepartum) or Postpartum Depression, Pregnancy or Postpartum Anxiety Pregnancy or Postpartum Obsessive-Compulsive Disorder, Postpartum Post-Traumatic Stress Disorder and Postpartum Psychosis.

Postpartum Resource Center of New York..... (631) 422-2255 Fax: (631) 661-8591
www.postpartumny.org
Helpline..... (631) 422-2255 or toll free: (855) 631-0001
Perinatal Mood & Anxiety Disorders: Finding the Help You Need!
Free and confidential phone support, moms on call, educational information, healthcare and support group resources, online resource directory

Suffolk Perinatal Coalition Inc. (631) 475-5400 Fax: (631) 475-5410
475 E. Main St. Suite 207, Patchogue, NY 11772
www.suffolkperinatalcoalition.org
Free support services to pregnant and parenting families in Suffolk (NYS)

Postpartum Support International (800) 944-4773 Fax: (503) 894-9452
www.postpartum.net

PERINATAL MOOD & ANXIETY DISORDERS SUPPORT SERVICES

An Angel’s Embrace: Pregnancy and Postpartum Depression.....(516) 697-1682
English and Espanol

Long Island Doula Association (LIDA)(631) 574-2205
<http://www.lidoulas.com/>

Mothers’ Circle of Hope

St. Catherine of Siena, Smithtown.....(631) 862-3330

Good Samaritan Hospital (631)-376-4444

Maternal Wellness Pregnancy & Postpartum Depression(631) 265-3133
(New Beginnings Counseling & Psychotherapy)

YOUTH CENTERS

*After school social program open to **designated community residents**. Program services may vary.*

Babylon Youth Bureau (*ages 5-20, free counseling services*)..... (631) 422-7660
281 Phelps Lane, N. Babylon, NY 11703

Brookhaven Youth Bureau (*ages 12-21, and their families*)..... (631) 451-8011
1 Independence Hill, Farmingville, NY 11738 www.brookhaven.org

Family Service League Brookhaven Youth Program (*ages 7 and up*) (631) 924-3741
..... Fax: (631) 924-2413
1490 William Floyd Parkway, East Yaphank, NY 11967
www.fsl-li.org/programs/familycenters_brookhaven.php

Huntington Youth Bureau (primarily teenagers & substance abuse)..... (631) 351-3061
..... Fax: (631) 271-1360
423 Park Ave, Huntington, NY 11743
Excel: works with teenagers for job training and college preparation
Sanctuary: gives teenagers temporary housing placement, and does family counseling
Youth Core: handles first time offenders (juvenile) through trial by peers
Substance Abuse Program (drug and alcohol)

Islip Youth Bureau (adolescents) (631) 224-5320 Fax: (631) 665-4093
401 Main St., Islip, NY 11751 www.townofislip-ny.org
After school program, summer program, parent education, etc.
Associated with Youth and Family Counseling Brentwood
Work with Islip Runaway Program

DROP-IN CENTERS

The objective of a Drop-In Center program is to identify and engage persons who may choose not to participate in more structured programs or who might not otherwise avail themselves of mental health services, and to provide services and supports in a manner which these individuals would accept. These programs are low demand, flexible and relatively unstructured, and responsive to individual need and circumstances.

Adelante of Suffolk County Bay Shore (631) 434-3488 Fax: (631) 434-3496
10 3rd Avenue, Brentwood, NY 11717

Adelante of Suffolk County Central Islip
83 Carlton Avenue, Central Islip, NY 11722 (631) 234-1049 Fax: (631) 272-5201

Family Service League (FSL).....(631) 396-2300
55 Horizon Drive, Huntington, NY 11743
Monday, Tuesday, Friday (Call for hours)

Federation of Organizations -West Babylon.....(631) 669-5355 x2122
11 Farmingdale Road, West Babylon, NY 11704
Mon. 5 – 8 pm – Tues. 5 – 8 pm

Federation of Organizations – Patchogue.....(631) 447-6460
456 Waverly Avenue, Patchogue, NY 11772
Wed. 2–7 pm - Thurs. 5–8 pm - Fri. 5–8 pm - Sunday 12–3 pm

H.A.L.I. (Hands Across Long Island).....(631) 234-1925
 159 Brightside Avenue, Central Islip, NY 11722
 Tues 9-4 - Wed 3-7 - Thurs 4-8 - Fri 4-8 - Sat 4-8

LIGALY..... (631) 665-2300 Fax: (631) 665-7874
 (Long Island Gay and Lesbian Youth)
 34 Park Ave. Bay Shore, NY 11706
 Monday to Friday, 9 – 5 no specific evening times. Check for activities available by
 calling.

WellLife Network(631) 920-8000
 55 Horizon Drive, Huntington, NY 11743

MOBILE INTEGRATION TEAMS

Services offered:

- Psychiatric Rehabilitation & Recovery
- Family & Caregiver support and Skill Building
- Health Teaching
- Community Linkage
- Crisis Intervention
- Outreach and Engagement
- Physical Health Care
- In-Home Respite
- In-school Support
- Brief Therapeutic Support

Children & Adolescents Mobile Integration Team

Office of Mental Health(631) 370-1701

Adult Mobile Integration Team- 18+ with Axis I diagnosis

Office of Mental Health

Nassau MIT.....(631) 761-4507
 Suffolk MIT(631) 924-4411 ext. 244

SUBSTANCE ABUSE SERVICES

INPATIENT WITHDRAWAL MANAGEMENT AND DETOXIFICATION

- Long Island Center for Recovery Inc..... (631) 728-3100 Fax: (631) 728-1627
320 West Montauk Highway, Hampton Bays, NY 11946
www.longislandcenterrecovery.com
28 day drug and alcohol rehab, Crisis Services-Med. Sup Withdrawal-Inpatient
- Quannacut at Eastern Long Island Hospital..... (631) 477-8877 Fax: (631) 477-5029
201 Manor Place, Greenport, NY 11944
www.elih.org
28 day drug and alcohol rehab, medical managed detoxification, voluntary, court mandated, must have insurance
- The Long Island Home-South Oaks Hospital..... (631) 608-5610/5028 Fax: (631) 608-5786
400 Sunrise Hwy, Amityville, NY 11701
www.south-oaks.org
24 beds. (Crisis Services-Med. Sup Withdrawal-Inpatient, must have insurance)
- Catholic Charities Talbot House..... (631) 589-4144 Fax: (631) 589-3281
30-C Carlough Road, Bohemia, NY 11716
(Crisis Services-Short Term Medically Monitored Withdrawal, 24 hour voluntary only, 18+)
- Brookhaven Memorial Hospital..... (631) 654-7100 Fax: (631) 447-3750
101 Hospital Road, Patchogue, NY 11772
(Medical Detox Only 3 day medical withdrawal program. Must come from emergency room for admittance)
- St. Charles Hospital(631) 474-6000
200 Belle Terre Rd, Port Jefferson, NY 11777 *(Detox Unit, must go through Emergency Room)*

INPATIENT REHABILITATION TREATMENT

- Charles K. Post Addictions Center (631) 434-7209 Fax: (631) 434-7254
998 Crooked Hill Rd., West Brentwood, NY 11717
79 beds (28 day Rehabilitation)
- Quannacut at Eastern Long Island Hospital.....(631) 477-8877
201 Manor Place, Greenport, NY 11944
20 beds (28 day drug and alcohol rehab, medical managed detoxification, MICA)
- Long Island Home-South Oaks Hospital (admissions) (631) 608-5685
..... M-F (631) 608-5282
..... evenings & weekends 608-5079
400 Sunrise Hwy, Amityville, NY 11701
www.south-oaks.org
- Seafield Center, Inc..... (631) 288-1122 Fax: (631) 288-1638
7 Seafield Lane, Westhampton Beach, NY 11978
www.seafieldcenter.com/Seafield
90 beds.(16+, around 17 day program, 24 hour medical, DOES provide transportation)
- St. Charles Hospital(631) 474-6233 Fax: (631) 474 6235
200 Belle Terre Road-5th Floor, Port Jefferson, NY 11777

INTENSIVE RESIDENTIAL CARE

- Phoenix Houses of Long Island (631) 306-5700 Fax: (631) 787-2644
www.phoenixhouse.org
(Long Island Admissions Office, locations in Brentwood, Hauppauge, Lake Ronkonkoma and Wainscott)
- Phoenix Houses – Brentwood..... (631) 306-5700 Fax: (631) 787-2644
998 Crooked Hill Road, Pilgrim Center, Building 5, Brentwood, NY 11717
www.phoenixhouse.org
21+, intensive residential care, and outpatient program
- Phoenix Houses – Wainscott (631) 306-5700 Fax: (631) 787-2644
95 Industrial Hampton, Wainscott, NY
Adolescence ONLY, residential care, no outpatient program
- Phoenix House of Long Island – Hauppauge (631) 979-0922 Fax: (631) 787-2721
220 Veterans Hwy, Hauppauge, NY 11788
www.phoenixhouse.org
Residential program only
- Outreach Project..... (631) 231-3232 Fax: (631) 231-3370
400 Crooked Hill Rd, Brentwood, NY 11717
60 beds (Adolescents only, ages 13-18)
- Madonna Heights (Morning Star) – Dix Hills (631) 643-0849 Fax: (631) 491-4440
151 Burrs Lane, Dix Hills, NY 11746
21 beds (Halfway House - Women only and Single women with children)
- Samaritan Village Inc (631) 351-7112 Fax: (631) 351-0862
2075 New York Ave, Huntington Station, NY 11746
www.daytop.org
Alcohol & Drug, Adult and Adolescent (14+), Outpatient

RESIDENTIAL SERVICES-COMMUNITY RESIDENTIAL

- Charles K. Post Addictions Center (631) 434-7209 Fax: 434-7254
998 Crooked Hill Rd., West Brentwood, NY 11717
(28 day Rehabilitation, 18+, Alcohol & Drugs)
- Phoenix Houses of Long Island(631) 306-5700
998 Crooked Hill Road, Pilgrim Center, Building 5, Brentwood, NY 11717
www.phoenixhouse.org
(Long Island Admissions Office, locations also in Hauppauge, Lake Ronkonkoma and Wainscott)
- SCO Family of Services-Madonna Heights (631) 643-8800 Fax: (631) 491-4440
151 Burrs Lane, Dix Hills, NY 11746
*24 beds (Young women only ages 12-17), Day School (12-17) with up to 25 Behavioral/emotional issues & mild to moderate psychiatric disorders, **not just substance abuse***

METHADONE MAINTENANCE TREATMENT OPIATES ONLY SERVICES

- East End Methadone Maintenance Program.....(631) 852-2680
300 Center Drive, Riverhead, NY 11901
Opiates only, 18+
- Hauppauge Intake and Maintenance Program(631) 853-7373
200 Wireless Blvd, Hauppauge, NY 11788
Opiates only
- Huntington(631) 854-4400
689 E. Jericho Tpke.
Huntington Station, NY 11746
- North County(631) 853-6410
NCC-Bldg. # 151 PO Box 6100
Hauppauge, NY 11788

DRUG AND ALCOHOL OUTPATIENT SERVICES

- Alternatives Counseling Services, Inc. (631) 283-4440 Fax: (631) 283-4456
291 Hampton Rd., Southampton, NY 11968
www.alternatives-counseling.org
16+, Drug and Alcohol
- Alternatives Counseling Services, Inc. (631) 369-1200 Fax: (631) 369-1280
518 East Main St., Riverhead, NY 11901
www.alternatives-counseling.org
Drug and Alcohol, 16+, both 1 on 1 and group meetings
- Babylon Drug and Alcohol (631) 422-7676 Fax: (631) 422-7609
281 Phelps Lane, Babylon, NY 11703
Not town residents only, open to public
Need primary diagnosis of substance abuse, but will treat comorbid disorders
14+, Spanish speaking, OASAS license, court-mandated evaluations, Suboxone
maintenance
Domestic violence treatment for perpetrators & mental health evaluations
Both counselors and psychiatrists on staff
- BEST (Behavioral Enhancement and Substance Abuse Treatment)(631) 392-4357
Fax (631) 392-4358
770 Grand Blvd, Suite 17, Deer Park, NY 11729
Suboxone, substance abuse, MICA
- Brookhaven Memorial Hospital Medical Center (631) 854-1222 Fax: (631) 854-1226
365 East Main St., Patchogue, NY 11772
Drug and Alcohol, 18+
Additional location at 550 Montauk Hwy, Shirley, NY 11967.....(631) 852-1070
- Catholic Charities of Rockville Centre-Commack (631) 543-6200 Fax: (631) 543-6203
155 Indian Head Rd, Commack, NY 11725
www.catholiccharitiesusa.org
Drug and Alcohol, 18+, OASAS licensed facility

DRUG AND ALCOHOL OUTPATIENT SERVICES (CONT.)

- Catholic Charities of Rockville Centre-Hampton Bays(631) 723-3362 Fax (631) 723-3365
31 East Main St, PO Box 758, Hampton Bays, NY 11946
www.catholiccharitiesusa.org
(Spanish and English)
- Concepts for Narcotics Prevention – Northport (631) 261-2670 Fax: (631) 261-5554
324 Main Street, Northport, NY 11768
16+, drugs & alcohol
- Eastern Long Island Hospital.....(631) 369-8966 Fax (631) 369-8516
814 Harrison Ave, Riverhead, NY 11901
(Drug and alcohol, 18+)
- Family Service League, Inc.
www.fsl-li.org
1444 Fifth Ave, Bay Shore, NY 11706 (631) 647-3100 x6451 Fax: (631) 647-3130
Drug and Alcohol, Bi-lingual
208 Roanoke Ave, Riverhead, NY 11901 (631) 369-0104 Fax: (631) 369-5433
Drug and Alcohol, 14+
Shirley (631) 399-9217 Fax: (631) 399-9225
464 William Floyd Parkway, Shirley, NY 11967
Drug & Alcohol, 18+
Westhampton Beach (631) 288-1954 Fax: (631) 288-1955
40 Main Street, Westhampton Beach, NY 11978
PO Box 1348, 11978
- Hope for Youth, Inc.(631) 691-5100 Fax (631) 691-5104
201 Dixon Ave, Amityville, NY 11701
(outpatient chemical dependency program for adolescents only)
- Horizons Counseling Center (631) 360-7578 Fax: (631) 360-7687
161 East Main Street, Smithtown, NY 11787
Not town residents only, open to public
*Adolescence and up, DWI tract, Parents of substance abusers group, women's groups,
men's groups, adolescence groups*
- Huntington Drug and Alcohol (631) 271-3591 Fax: (631) 271-5497
423 Park Avenue, Huntington, NY 11743
*12 or older Town of Huntington residents only, Adolescent group Wednesdays 6-7:30pm
No Cost*
- John T. Mather Hospital Outpatient (631) 331-8200 Fax: (631) 331-8259
100 Highland Blvd Ste. 101, Port Jefferson, NY 11777
(located off premise from hospital)
13+, drug and alcohol
- The Long Island Home/South Oaks Hospital (631) 608-5310 Fax: (631) 264-4509
400 Sunrise Hwy, Amityville, NY 11701
(outpatient and intensive outpatient program)
- Long Island Center for Recovery Inc..... (631) 728-3100 Fax: (631) 728-1627
320 West Montauk Highway, Hampton Bays, NY 11946
(outpatient program)

DRUG AND ALCOHOL OUTPATIENT SERVICES (CONT.)

- Outreach Project..... (631) 286-0700 Fax: (631) 286-0688
11 Farber Drive, Bellport, NY 11713
(outpatient services ages 12 and up)
- 400 Crooked Hill Rd, Brentwood, NY 11717..... (631) 951-2613
Fax: (631) 951-2776*(outpatient services ages 12 and up)*
- Network: North – Wyandanch..... (631) 920-8250 Fax: (631) 920-8251
234 Long Island Ave, Wyandanch, NY 11798
- Phoenix Houses – Brentwood..... (631) 306-5700 Fax: (631) 787-2644
www.phoenixhouse.org
998 Crooked Hill Road, Pilgrim Center, Building 5, Brentwood, NY 11717
Outpatient program, adolescents and adults
Outpatient for military personnel..... (631) 306-5776 Fax: (631) 306-5808
- The Place..... (631) 261-2670 Fax: (631) 261-5554
324 Main Street, Northport, NY 11768
- Samaritan Village Inc. (631) 351-7112 Fax: (631) 351-0862
2075 New York Avenue, Huntington Station, NY 11746
www.samaritanvillage.org
Adult and Adolescent (12 – 21), Outpatient
Outpatient drug & alcohol counseling
- Seafield Services, Inc. (General Number)(800) 448-4808
www.seafieldcenter.com
- 212 West Main Street, Riverhead, NY 11901 (631) 369-7800 Fax: (631) 574-8216
13+, drug & alcohol, have housing for people in substance abuse program
- 475 E Main St, East Patchogue, NY 11772 (631) 363-2001 Fax (631) 202-8049/8050
18+, drug & alcohol, have housing for people in substance abuse program
- 37 John St., Amityville, NY 11701..... (631) 424-2900 Fax: (631) 608-1057
13+, drug & alcohol, have housing for people in substance abuse program
- 3251 Route 112, Medford, NY 11763(631) 451-6007
13+, drug & alcohol, have housing for people in substance abuse program
- South Oaks Outpatient Services..... (631) 264-4000 Fax: (631) 264-4509
400 Sunrise Hwy, Amityville, NY 11701
Substance abuse program, mental health secondary
- WellLife Network Center – Huntington (631) 920-8000 Fax: (631) 920-8164
55 Horizon Drive, Huntington, NY 11743
(18+, Drug and alcohol)
- WellLife Network: North – Smithtown(631) 920-8300
11 Route 111, Smithtown, NY 11787
- YMCA Family Services (631) 580-7777 Fax: (631) 580-7773
1150 Portion Rd, Holtsville Ste. 6, 11742 ***changing in a few months*
Not town residents only, open to public
16+, no psychiatrist, have family services, drug & alcohol counseling

SUBSTANCE ABUSE EDUCATION & PREVENTION RESOURCES

Suffolk County Prevention Resource Center(631) 608-5014
www.liprc.org

LICADD (Long Island Center for Alcoholism and Drug Dependence).....(516) 747-2606
www.licadd.com

4400 Veterans Highway Ste.204.....(631) 979-1700

Holbrook, NY 11741

877 E. Main St Ste. 107(631) 284-9583

Riverhead, NY 11901

ADDITIONAL RESOURCES

ADVOCACY - CONSUMER-DRIVEN

- Islip / Babylon Consumer Council.....(631) 587-1886
H.A.L.I. (Hands Across Long Island).....(631) 234-1925
www.hali88.org
P.O.W.E.R. Program (Federation of Organizations)(631) 447-6460

ADVOCACY - AGENCIES & CITIZENS GROUPS

- Family Service League of SC(631) 427-3700
Linkage Program (seniors).....(631) 853-8250
www.fsl-li.org
Long Island Advocacy Center-LIAC.....(631) 234-0467
490 Wheeler Rd., Suite 165 C, Hauppauge, NY 11788
www.theliac.org
Advise parents of legal rights of students
Long Island Families Together Inc.(631) 264-5438
193A Broadway, Amityville, NY 11701
www.lift4kids.org
SILO (Suffolk Independent Living Organization).....(631) 880-7929
755 Waverly Ave Holtsville, NY 11742
www.siloinc.org
United Way(631) 940-3700
819 Grand Blvd Deer Park, NY 11729
www.unitedway.org
Suffolk County Office for the Aging
Hauppauge(631) 853-8200
Riverhead(631) 852-1420

ADVOCACY - EDUCATION (UNDER 18)

- L.I. Advocacy Center(631) 234-0467
www.theliac.org

DISASTER RESOURCES

- Disaster Distress Hotline.....(800) 985-5990
www.disasterdistress.samhsa.gov
The Crisis Response Service.....(631) 289-2200
www.esbooces.org

LEGAL SERVICES

The NYS Justice Center(hotline) **1-855-373-2122**
created in legislation known as the “Protection of People with Special Needs Act” to
establish the strongest standards and practices in the nation for protecting people with
special needs. It serves both as a law enforcement agency and as an advocate for people
with special needs. 161 Delaware Avenue, Delmar, NY 12054
www.justicecenter.ny.gov/

Legal Aid Society of Suffolk County

John P. Cohalan, Jr. Courthouse, 400 Carleton Ave, 4th Floor, Central Islip, NY 11722
District Court(631) 853-5212 5212
Family Court(631) 853-4343 Fax (631) 853-7798
Children’s Law Bureau (631) 439-2450/439-2453
Riverhead Office (631) 852-1650/852-1655

Mental Hygiene Legal Service..... (516) 493-3976 Fax: (646) 963-6650

*The Mental Hygiene Legal Service is a separate arm of NYS Superior Court that protects
the rights of persons who are inpatients in any psychiatric facility. The service is free and
can be accessed by the patient, friend or family member.*

Courthouse Corporate Center (631) 208-5319 Fax: (646) 963-6651
320 Carleton Avenue, Suite 3200, Central Islip, NY 11722

Supreme Court Building (516) 493-3963 Fax: (646) 963-6650
1 Court Street, Riverhead, NY 11901

Nassau/Suffolk Law Services (non CSS)

www.nslawservices.org

Islandia Office..... (631) 232-2400 Fax: (631) 232-2489
1757 Veterans Highway, Suite 50, Islandia, NY 11749

Riverhead Office(631) 369-1112 Fax: (631) 369-1612
400 West Main Street, Suite 301, Riverhead, NY 11901

Suffolk County Bar Association (631) 234-5511 Fax: (631) 234-5899

www.scba.org
560 Wheeler Rd
Hauppauge, NY 11788

FREE/LOW-COST MEDICATION

Bureau of Prescription Health.....(573) 996-7300

The Medicine Program assists patients who cannot afford to pay for prescription medication. This program is used when a consumer is unable to pay for medications, pending Medicaid approval.

There are also some pharmaceutical companies that offer free medications to low-income families. They require a doctor's consent and proof of your financial status. Depending on what your insurance covers, you may be able to apply. A few companies allow family incomes as high as \$40,000 annually (offset by expenses).

For a listing of current pharmaceutical companies and the medications they offer visit www.nami.org

FOR LITERATURE ON MENTAL ILLNESS

National Institute of Mental Health (NIMH)(866) 615-6464

PROFESSIONAL ASSOCIATIONS

NYS Psychological Association – for PhD / Testing / Tx (800) 445-0899 / (518) 437-1050

NYS National Association of Social Workers.....(800) 724-6279
www.naswnys.org

Suffolk County Medical Society.....(631) 851-1400

Mental Health America.....(800) 969-6642

LOS RECURSOS PARA LOS QUE HABLAN ESPAÑOL

Adelante of Suffolk County Bay Shore: (631) 434-3488
..... Central Islip: (631) 234-1049
..... Brentwood: (631) 434-3481

BEST..... (631) 392-4357 Fax: (631) 392-4358
770 Grand Boulevard Suite 17, Deer Park, NY 11729
Substance abuse, suboxone treatment, evaluations, DWI/DUI services

Hispanic Counseling Center(631) 328-4959
1322 Fifth Ave Bayshore, NY 11706

Parientes Clinic(631) 665-0229
Center for Counseling and Parent-Child Development, Drug and Alcohol Counseling

Catholic Charities.....(631) 665-6707
Dispensario mental de Salud en Bay Shore

South Shore Counseling.....(631) 665-6244

Pilgrim Psychiatric Center(631) 761-3500

National Association of Puerto Rican Hispanic Social Workers.....(631) 864-1536
Brentwood

SUFFOLK DEPARTMENT OF SOCIAL SERVICES (DSS)

- Coram Center(631) 854-2300
80 Middle Country Road, Coram, NY 11727
Monday – Friday: 8 am – 3 pm
- South West Center(631) 854-6600
2 South 2nd St., Deer Park, NY 11729
Monday – Friday: 8 am – 3 pm
- Riverhead Center(631) 852-3560
893 E. Main Street, Riverhead, NY 11901
Monday – Friday: 8 am – 3 pm
- Smithtown Center(631) 853-8714
200 Wireless Boulevard, Hauppauge, NY 11788
Monday – Friday: 8 am – 3 pm
- Social Security Administration Information Line (800) 772-1213
- APS (Adult Protective Services).....(631) 854-3195
- CPS (Child Protective Services)(800) 342-3720

VOCATIONALLY ORIENTED PROGRAMS

- ACCES-VR..... (631) 952-6357 Fax: (631) 952-5826
Adult Career and Continuing Educational Services- Vocational Rehabilitation
NYS Office Bldg.
250 Veterans Highway, Hauppauge, NY 11788
www.acces.nysed.gov/vr
- Federation of Organizations.....(631) 669-5355
1 Farmingdale Road, West Babylon, NY 11704
- Family Wellness Center, Intake, Service Coordination.....(631) 273-1300
120 Plant Avenue, Hauppauge, NY 11788
www.familyres.org
- Family Service League - Journey House (631) 582-8492 Fax: (631) 650-0490
1444 5th Avenue, Bay Shore, NY 11706
www.fsl-li.org
- H.A.L.I. (Hands Across Long Island)..... (631) 234-1925 x357 Fax: 234-7258
159 Brightside Ave, Central Islip, NY 11721
www.hali88.org
Accept ticket to work
- Maryhaven Center of Hope - Port Jefferson(631) 474-4120 Fax (631) 474-4110
51 Terryville Road, Port Jefferson Station, NY 11776
- Maryhaven Center of Hope – Yaphank (631) 924-5900 Fax: (631) 924-2464
445 County Road 101, Yaphank, NY 11980
Provide vocational evaluations & counseling, job training, placement services

- Skills Unlimited Inc.(631) 567-3320
 405 Locust Avenue, Oakdale, NY 11769
 www.skillsunlimited.org
- South Oaks Hospital Career and Educational Counseling Program.....(631) 608-5052
 400 Sunrise Highway, Amityville, NY 11701
- Suffolk County Department of Labor Youth Career Center.. (631) 853-6526 Fax: (631) 853-6627
 725 Veterans Memorial Highway, Hauppauge, NY 11788
Ages 14-21, Summer – 14-16
One-Stop Centers located in Hauppauge, Patchogue and Riverhead

ANCILLARY SERVICES

- Suffolk County Dept. of Social Services (DSS) (*M.-F. 8:30am-4:30pm*).....(631) 854-9935
 DSS Hotline (*emergencies after 4:30pm and weekend*)(631) 854-9100
 www.suffolkcountyny.gov
- Child Protective Services1 (800) 342-3720
- Suffolk County Office for the Aging (631) 853-8200 Fax: (631) 853-8225
 H. Lee Dennison Building 3rd Floor
 100 Veterans Memorial Highway, P.O. Box 6100, Hauppauge, NY 11788
 (assists persons over 60 with federal, state and county programs)
- Suffolk County Office for the Aging(631) 852-1420
 Riverhead County Center Office
 County Road 51, Riverhead, NY 11901
 (assists persons over 60 with federal, state and county programs)
- Suffolk County Office for Family & Children’s Services(631) 854-3380 Fax (631) 854-9056
 3455 Veterans Memorial Highway, Ronkonkoma, NY 11779
 (assists children, adults and families)

ABOUT ASSOCIATION FOR MENTAL HEALTH AND WELLNESS

The Association for Mental Health and Wellness was formed in 2014 upon the merger of two Suffolk County mental health organizations, the Mental Health Association in Suffolk and Clubhouse of Suffolk, along with Suffolk County United Veterans. While our individual histories date back over 25 years, we are now looking towards our future. By sharing and strengthening resources that help those facing psychiatric disabilities as well as those experiencing mental health issues for the first time, plus an enhanced focus on serving our Veterans, we will be able to better serve all of Suffolk County's residents.

Community Education & Support	Brief Description
Mental Health HelpLine (631-226-3900)	Information and Referral services to mental health services within Suffolk. Information is provided via phone 5 days/week. Resources can be accessed 24/7 via our agency website. We will shortly be adding a link for mental health self-assessment via Mental Health America.
Community MH Education (Speakers Bureau, Anti-stigma activities)	MHAW provides speakers on a range of mental health topics for schools, community groups, and agencies. Under this program heading, we also facilitate Long Island activities to recognize National Mental Illness Awareness Week (October) as well as Mental Health Month (May). We assist the LI Suicide Prevention Coalition with its annual conference for service providers.
Peer Training (Careers in Wellness & Recovery)	This training is comprised of a 16 week (2 days/wk) class for people with lived experiences with psychiatric disabilities who seek to work or volunteer in agencies who provide recovery-oriented services. Through grants, this program's curriculum was enhanced in order to align with a new NYS peer-credential through the Academy of Peer Services. We are currently developing a collaboration with Community Access's Howie The Harp Peer Training Program of NY City agency in order to build post-graduate internship and employment opportunities.
Professional Workforce training	We currently have a County contract to provide 3 mini-conferences for professionals who work with children. However, our new status as a Department of Education Social Work Continuing Education provider is a building block for us to develop and offer more professional training for all providers on a fee-for-service basis.
Peer Networking	This is a support and networking service for peers (people with lived experience) who are currently working in community mental health positions.
Self-Help Groups	We offer 7-9 free community support groups such as: Family support groups (2), mood disorder support groups (2), ; and one social support group for people in recovery. We would like to expand this as well including the development of on-line, video-streamed peer support.
Peer Support Line	One evening and one weekend day, trained peers provide telephone support – this includes planned and requested outgoing calls and availability for incoming calls.
Hurricane Sandy Trauma & training services to Child Care centers	A short-term grant from the NYS Office of Children and Family Services, this program is a partnership with Child Care Council in Suffolk that reaches out to train child care staff, particularly those in areas impacted by the Hurricane, to identify and intervene with children with trauma reactions.
Food Pantries	We offer our local communities 3 food pantries at our program sites in Ronkonkoma, Riverhead, and Yaphank – the latter targeting Veterans and their families. All are overseen by LI CARES and are assisted tremendously by community donations.

Psychiatric Rehabilitation and Support	
Pollack Center for Wellness & Recovery (PROS with Clinic)	This NYSOMH-licensed program serves approximately 260 people with psychiatric disabilities at any one time (about 400/yr) to assist them to attain desired goals and roles with respect to employment, education, social and family relationships, health, and leisure. Services are classroom-based and every participant (called members) has a staff advisor who assists them in a recovery-driven, trauma-informed manner. Clinic treatment services are available and used by about ½ of the participants.
Synergy Center for Wellness and Recovery (PROS with clinic)	Same program as above but based in Riverhead. Serves about 120 people at any one time and about 160 per year.
Chemical Free garden (Ronkonkoma)	This project is unfunded but Ronkonkoma members and volunteers take care of this garden that provides vegetables and herbs for our food pantry and for meals at the Pollack Center.
East End Recovery Center (new)	Awarded in October, 2015, this “Center without Walls” is run by people with lived experiences and engage people affected by mental health challenges who are not served by more formal programs to consider personal passions, wellness, and direction.
OMH Supported Housing	23 slots in 10 units owned or lease by MHAW in nearby communities and supported by a full-time case manager.

Care Coordination and Service Engagement	
Health Home Care Management/Outreach	This has grown to become our largest program, currently serving over 1000 active clients while marketing HHCM services to between 1000 and 1500 Medicaid recipients every month. This program has evolved from NYS’s Medicaid Reform Task Force commitment to provide better coordinated care to its Medicaid population. Nearly 30 staff are dedicated to serving eligible people, mostly in eastern Suffolk but rapidly growing our footprint to include more of the County.
State-Aid Mental Health Care Management	This program operates under a NYS- County contract and extends CM services to people without Medicaid who have serious mental illness.
Community Health Activation Project (Began 8/2015)	Funded through the Stony Brook Delivery System reform Incentive Program (DSRIP), we have a team of people who reach out to uninsured people – and soon Low- and non-utilizing Medicaid recipients – to engage them toward better health through health surveys and health coaching.

Suffolk County United Veterans	
John J. Lynch Veterans Place Emergency Shelter	Twelve beds at the shelter provides up to 90 days of shelter plus a range of services geared to help homeless Vets connect with resources of permanent housing, mental and physical health services, and financial assistance including DSS and VA entitlement benefits. All staff are either Veterans themselves or Veteran family members.
Transitional and Permanent Housing	12 of these slots reside at the Lynch Veterans Place while other 43 are in houses in eastern Suffolk. A case manager, also a Veteran, provides assistance with health and benefits coordination as well as support and guidance toward employment and education goals.
Supportive Services for Veterans and Families (SSVF)	In collaboration with the Economic Opportunity Council of Suffolk, four staff reach out to locate and engage Veterans and families who are at risk of homelessness.
Pfc. Joseph Dwyer Veterans Peer Support Program	This program is funded by an annual State grant to connect with veterans who have experienced post-service transition issues, including mental health and substance use problems. Services are provided by trained Veteran peers and delivered in individual and group format. This project has a strong collaborative relationship with the Suffolk County Veterans Services Agency.

Advocacy

As a chapter of the Mental Health Association of New York State and Mental Health America, as well as organizational member of the New York Association of Psychiatric rehabilitation Services (NYAPRS), our agency leadership has played key roles in State, National, and local advocacy on a range of issues. This includes:

- New York State Regional Center of Excellence – with the NYSOMH and Pilgrim State Hospital
- Delivery System reform Incentive Payment (DSRIP) – initiatives with Stony Brook University Medicine and Nassau University Hospital
- Suffolk County Welfare to Work Commission
- Suffolk County Veterans Suicide Prevention task Force
- Long Island Suicide Prevention Coalition
- Suffolk County Mental Health Sub-committee
- LI Continuum of Care – Committee that administers HUD programs and initiatives to combat homelessness.
- National Coalition on Homeless Veterans

For further information please call, email or write:

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